

**LINCOLN COUNTY SHERIFF'S OFFICE
LINCOLN COUNTY COMMUNICATIONS CENTER**

RUOK® Program Enrollment Form

Section I- Client Information:

LAST Name		FIRST Name		MIDDLE Name or Initial	
Physical Street Address (Do NOT give Post Office Box)				Apt. No.	
Town		Notification Telephone Number ()		Other Telephone Number ()	
Is there a house key on premises? Yes ☐ No ☐		Location of Key:			
Do you have pets? Yes ☐ No ☐		Type of Pet and Location:		Pet's Name:	
Do you live alone? Yes ☐ No ☐		Co-Residents:			
Are you able to walk unaided? Yes ☐ No ☐		Preferred Time for Calls (Every effort will be made to honor this request, but the time you actually receive calls may be changed due to the number of Program participants):			

Section II – Person(s) to be notified if I fail to answer repeated calls from the RUOK® Program:

1. FIRST Name MIDDLE Initial LAST Name			2. First Name MIDDLE Initial LAST Name		
Physical Street Address (Do NOT give Post Office Box)			Physical Street Address (Do NOT give Post Office Box)		
Apt. No.			Apt. No.		
Town			Town		
Telephone - Landline	Telephone - Work	Telephone - Cell	Telephone - Landline	Telephone - Work	Telephone - Cell

Section III – I have given a key to the following person(s) and authorize them to enter my home to check on my welfare:

1. First Name			2. First Name		
Street Address (Do NOT give Post Office Box)			Street Address (Do NOT give Post Office Box)		
Apt. No.			Apt. No.		
Town			Town		
Telephone - Landline	Telephone - Work	Telephone - Cell	Telephone - Landline	Telephone - Work	Telephone - Cell

Section IV- Actions to take if I do not answer a scheduled call from the RUOK® Program:

In the event I fail to answer a scheduled call and all follow-up calls, I agree that the Lincoln County Sheriff's Office and/or Lincoln County Emergency Communications Center can take the following actions:

1. Notify the first and/or second person I have named in Section II above, and/or
2. Dispatch a first responder to my home to check on my well-being (Note: A first responder from the Lincoln County Sheriff's Office (LCSO) or other law enforcement agency will be dispatched in the event the person(s) named in Section II above cannot be reached or the LCSO has reason to believe that I may be in need of assistance).

I acknowledge and understand that if I fail to answer a call, a response may not be immediate. I agree that in the event I fail to answer the door when a first responder comes to my home to check on my welfare, any reasonable means may be employed to enter my home to verify my status.

Client's Signature

Date



RUOK® Program

The Lincoln County Sheriff's Office and Communications Center are committed to ensuring the well-being of everyone in our County including persons who, for one reason or another, are concerned about living alone.

Accordingly, our two departments have developed and are operating a Program to regularly contact seniors or other homebound individuals in order to verify their well-being and give them a sense of security. This is known as the RUOK® (Are You OK) Program and is *completely free to anyone who participates*. In addition to assisting seniors and others who may seek a means for their welfare to be regularly checked, this Program eases the concerns of friends and family who may find it difficult to maintain regular, consistent contact with loved ones. The RUOK® Program allows people who might otherwise be faced with changing their living arrangements to remain in their homes safely and securely.

Individuals who sign up for the service are known as "clients" of the Program.

How it Works

The RUOK® Program works by making telephone calls to clients from the Lincoln County Sheriff's Office at the same time each day. It operates with both cell and landline phones.

When a call is answered by a client indicating that he or she is OK, the Program moves on to the next person on the list.

If a client fails to answer a pre-arranged call, the Program will re-dial that client two more times at 30-minute intervals. If the Program receives a busy signal, three more calls will be placed. If these calls go unanswered, the Communications Center will notify a designated relative or friend, or dispatch a law enforcement officer to verify the client's well-being. Given the workload of the Sheriff's Office, responses may not be immediate.

To avoid the potential for false alarms, clients are requested to remain home during the time they have selected for the receipt of the verification call, and to notify the Sheriff's Office if they will be absent from home for any reason when a call is scheduled.

It is recommended that RUOK® telephone calls be scheduled for first thing in the morning before clients engage in activities that might take them out of the house or away from the telephone even temporarily.

Program Enrollment Criteria

The following individuals are eligible for the RUOK® Program –

1. Senior citizens or people concerned about living alone; and
2. Individuals with disabilities that render them unable to leave home independently.

The RUOK® Program enrollment form is printed on the other side of this brochure. Individuals who meet the above criteria and wish to enroll in the Program should complete the form by printing it as legibly as possible and mailing or taking it to:

Lincoln County Sheriff's Office
42 Bath Road
P.O. Box 622
Wiscasset, Maine 04578

There is no charge for participating in the RUOK® Program. All information will be considered "Law Enforcement Sensitive" and held in strict confidence.

We encourage all persons eligible for this Program to consider enrolling. By doing so, you will feel more secure in your home and give your family and friends peace of mind.

Todd Brackett,
Sheriff,
Lincoln County

Tom Nelson,
Director
Lincoln County
Communications
Center